









# 10th Annual 5K Open Road Race

SATURDAY, JULY 15<sup>TH</sup>, 9:00AM Chemung Canal

















## **ORGANIZED BY:**

Downtown Binghamton Business Association

REGISTER ONLINE AT →



## **USATF Certified NY14059JG**

https://runsignup.com/Race/NY/Binghamton/ParlorCity5K



Namo:

Please send signed release and entries to:

Downtown Binghamton Business Assoc. c/o Sall-Stearns, 52 Court St., Binghamton, NY 13901

**REGISTRATION NOTICE:** 

Pre-registration is highly recommended for all categories. Race day registration 7:00 - 8:30 am near Boscov's main entrance Registration closes and field is set at 8:30 am sharp! Note: Kid's Run will be held after 5K race finish

## **REGISTRATION:**



## PLEASE PRINT CLEARLY

Name					
Address:					
City:			State:		
Zip:					
Sex:M _	F	Date of Birth:/		ge on Day of Race:	
Phone (day):		F	Phone (evening):		
Check Appropriate Category:			- free		
Male Female <b>New</b>		New Style Shirts Th	is Year!		
☐ 10 - 12 ☐ 13 - 15 ☐ 16 - 19 ☐ 20 - 29 ☐ 30 - 39 ☐ 40 - 49 ☐ 50 - 59	☐ 10 - 12 ☐ 13 - 15 ☐ 16 - 19 ☐ 20 - 29 ☐ 30 - 39 ☐ 40 - 49 ☐ 50 - 59	Take on your competitors new shirts <i>Sport-Tek</i> that polyester, exceptional breat wicking, flatlock stitching and Roomy, athletic cut and coal champ!  Shirt Cut:MaleI Shirt Size (Male or Fe	at feature 100% hability, moisture d raglan sleeves. ntrols sweat like  FemaleYouth	P. Street.	
□ 60+	□ 60+	_XS _S _M _	•	3XL4XL	
Athlete's Release Form:		Shirt Size (Youth): che	eck one		

I know running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in the event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running this event, including high heat and/or humidity, traffic and the conditions of the road. All such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers or carriages, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this rule. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Downtown Binghamton Business Association, the City of Binghamton, and any and all sponsors or contributors involved in this event, from all claims or liabilities of any kind arising out of my participation in the event, even though that liability may arise out of negligence or carelessness on the part of the sponsoring bodies. This release shall be binding upon my heirs, administrators, successors and assigns and those of the sponsoring organization. By this release I fully intend to discharge the said organization from any and all injuries or losses suffered by me while participating in and traveling to and from this event.

Signature:	Date://
Parents Signature (if under 18 years):	 //
Whom to notify in case of emergency:	
Name:	Phone:
Athlete's Email:	
5K Run entry fees are as follows (please check one):	
\$18 - 5K Run, no shirt - received by July 7 <sup>th</sup> \$28 - 5K Run, with shirt received by July 7 <sup>th</sup>	\$28 - 5K Run Late Entry with shirt (if avail.)

### DIVISIONS & AWARDS:

Prizes will be awarded to the top three places in each Male/Female age division, to the first place overall Male and Female and first overall Masters contestants. There will be no duplication of awards. Earn points in the new **Empire Road Race Series!** 

## PLEASE NOTE:

- Chip timing
- Pre-registration is highly recommended
- Race day registration: 7:00 8:30 am
- Registration on Water Street near Boscov's main entrance.
- Registration closes and field is set at 8:30 am sharp!
  Kid's Run will be held after the 5K Run finish
- No bikes, inline skates or dogs are allowed in the 5K
  Start/finish at eastern side of Court Street bridge
- Split times will be available at Miles 1 & 2
- Water stations will be available at midpoint and finish
- · Post race fruit snack will be provided
- Packet pickup available at Confluence Running 7/13 at 5:00 7:00 PM, 7/14 at 1:00 7:00 PM



## SPECIAL THANKS TO:









# THE PARLOR CITY 5K COURSE

**USATF Certified NY14059JG** 



- Binghamton Police/Auxiliaries and volunteer marshalls will cover all intersections
- their safety. The following escort vehicle will keep with the main group.



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SATURDAY, JULY 15<sup>TH</sup>, 9:00 AM

To benefit Magic Paint Brush Project



















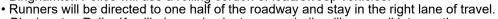












• Runners straggling far back from the pack will be directed to finish on the sidewalk for